

INDONESIA AUTISM SUMMIT 2026 (INAS26)

DAY 1

| TIME | NEW YORK | |
|---------------------|--|---|
| 8:00 AM – 9:00 AM | Early Detection: Red Flags, Screening Tools & School Based Models <i>Julia Nabila Binti Jamil</i> <i>Special Educator</i> <i>Bachelor of Psychology with Human Resource Development, University of Technology Malaysia (UTM)</i> | |
| 9:00 AM – 9:10 AM | Opening Ceremony Opening Speech <i>Dr. Ruwinah Abdul Karim</i> <i>Chairman Indonesia Autism Summit 2026</i> | |
| 9:10 AM – 9:40 AM | Autism & Higher Education in Indonesia: Support Systems that Work <i>Keynote Speaker 1: Hendri Arulan, S.Pd., M.M</i> <i>Head of the Batam City Education Department</i> | |
| 9:40 AM – 10:15 AM | Transforming Autism Awareness into Meaningful Action for the Community <i>Keynote Speaker 2: Dr. Ruwinah Abdul Karim</i> <i>Chairman Indonesia Autism Summit 2026</i> | |
| 10:15 AM – 10:45 AM | Break | |
| | NEW YORK | MELBOURNE |
| 10:45 AM – 11:30 AM | Assistive Technology Tool in School for Children with Learning Difficulties <i>Alvendo Wahyu Aranski S.Kom., M.Kom</i> <i>Lecturer and Head of the Information Systems Study Program, Institut Teknologi Batam (ITEBA)</i> | Exercise as Emotional Regulation Strategy <i>Jamuna Bai Nageswera Rao</i> <i>Senior Physiotherapist</i> <i>Bachelor of Physiotherapy, Asia Metropolitan University (AMU), Malaysia</i> |
| 11:30 AM – 12:15 PM | Sensory Processing & Regulation: Practical Strategies for Teachers and Parents <i>Nurul Syaifiqah Binti Mohamed Suhaidi</i> <i>Occupational Therapist</i> <i>Bachelor of Occupational Therapy, Universiti Teknologi Mara Puncak Alam (UiTM), Malaysia</i> | Supporting Adolescents with Autism during the Transitional Development Period <i>Wenny Nur Annisa, S.Psi., Psikolog</i> <i>Adult Clinical Psychologist, Awal Bros Hospital and Alfa Hepi Consultant, Batam City</i> |
| 12:15 PM – 1:15 PM | Break | |
| 1:15 PM – 2:00 PM | Managing Challenging Behaviour without Punishment & Fear <i>Farah Syafinas Binti Mahadi</i> <i>Psychology</i> <i>Bachelor of Psychology, Universiti Pendidikan Sultan Idris (UPSI), Malaysia</i> | Sleep, Nutrition & Gut Health in Autism <i>Nivetha A/P Ramachandran</i> <i>Dietitian</i> <i>Bachelor of Dietetics, Universiti Sultan Zainal Abidin (UniSZA), Malaysia.</i> |
| 2:00 PM – 2:45 PM | Establish and Operate Therapy Centre for Children with Special Needs <i>Dr. Ruwinah Abdul Karim</i> <i>Clinical Director Penawar Special Learning Centre (PSLC)</i> | BCCT (Beyond Centers and Circle Time) Method for Transition Period and Early Intervention Towards Primary School <i>Dr. Dhina Melinda, M.Hum</i> <i>Chairperson of Avicenna Cendikia Medan Foundation</i> |
| 2:45 PM – 3:30 PM | OT, Speech & Psychology Integration: Multidisciplinary Models That Work <i>Fajjar Binti Fahmi</i> <i>Psychology</i> <i>Bachelor of Psychology, Widad University College, Malaysia</i> | Supporting speech, Interaction and Expression in Autism <i>Nur Ashikin Binti Ramli</i> <i>Interventionist</i> <i>Bachelor of Arts (Anthropology and Sociology), University of Malaya, Malaysia</i> |
| 3:30 PM – 4:00 PM | Exhibition | |

DAY 2

| TIME | MOSCOW | MELBOURNE |
|---------------------|---|--|
| 9:00 AM – 09:45 AM | <p>How to Reduce Classroom Noise & Sensory Triggers</p> <p><i>Nurul Syafiqah Binti Mohamed Suhaidi</i> Occupational Therapist <i>Bachelor of Occupational Therapy, Universiti Teknologi Mara Puncak Alam (UiTM), Malaysia</i></p> | <p>Habbatus Sauda and Autism: Therapeutic Benefits and Mechanism</p> <p><i>Nurul Aina Binti Azman</i> Occupational Therapist <i>Bachelor of Occupational Therapy, Universiti Teknologi Mara (UiTM), Malaysia</i></p> |
| 09:45 AM – 10:30 AM | <p>Transition to Adolescence: Puberty, Emotions & Identity</p> <p><i>Raja Aulia Pitaloka, S.Psi., M.Psi., Psikolog</i> Clinical Psychologist, Batam City</p> | <p>Vocational Training for Youth with Autism</p> <p><i>Nurul Aini Binti Yahya</i> Occupational Therapist <i>Master of Occupational Therapy, Universiti Teknologi Mara (UiTM), Malaysia</i></p> |
| 10:30 AM – 11:00 AM | Break | |
| 11:00 AM – 11:45 AM | <p>Physical Activities That Improve Focus in Classroom for Autism</p> <p><i>Nor Afiza Binti Abd Razak</i> Physiotherapist <i>Bachelor of Physiotherapy, KPJ Healthcare University, Malaysia</i></p> | <p>Empowering Caregivers: Training Parents as Co-Therapist</p> <p><i>Dr. Ruwinah Abdul Karim</i> Clinical Director Penawar Special Learning Centre (PSLC)</p> |
| 11:45 AM – 1:15 PM | Break | |
| 1:15 PM – 2:00 PM | <p>Managing Screen-time without Conflict for Children</p> <p><i>Nurul Hasanah Binti Mohd Razzekhi</i> Occupational Therapist <i>Diploma in Occupational Therapy, University College MAIWP International, Malaysia</i></p> | <p>Preparing Autistic Youth for Independent Living</p> <p><i>Tengku Nuramalina Binti Tengku Alias</i> Occupational Therapist <i>Bachelor of Occupational Therapy, Universiti Teknologi Mara Puncak Alam (UiTM), Malaysia</i></p> |
| 2:00 PM – 2:45 PM | <p>Building Peer Acceptance & Anti Bullying Strategies</p> <p><i>Safea Meerza Binti Muhammad Shafie</i> Counsellor <i>Bachelor of Guidance and Counselling, UNITAR International University, Malaysia</i></p> | <p>Our Children and Technology: Guiding with Wisdom, Not Prohibiting</p> <p><i>Alvendo Wahyu Aranski S.Kom., M.Kom</i> Lecturer and Head of the Information Systems Study Program, Institut Teknologi Batam (ITEBA)</p> |
| 2:45 PM – 3:30 PM | <p>Signs of Hearing Problems in Children with Autism</p> <p><i>Shazana Norfarahin Binti Moideen</i> Audiologist <i>Bachelor of Audiology, Universiti Kebangsaan Malaysia</i></p> | <p>Self-Advocacy Skills: Teaching Youth to Speak for Themselves</p> <p><i>Dayang Nursyazana Binti Sahabuddin</i> Psychology <i>Bachelor of Psychology, Universiti Malaysia Sabah</i></p> |
| 3:30 PM – 4:00 PM | Exhibition | |

DAY 3

| TIME | MOSCOW |
|---------------------|--|
| 9:00 AM – 09:45 AM | <p>Alternative Education for Children with Special Needs</p> <p><i>Prihatini, S.Pd., Gr</i> <i>Founder of Homeschooling Bintang Harapan, Bandung City</i></p> |
| 09:45 AM – 10.30 AM | <p>Islamic Religious Education Learning for Children with Autism Spectrum Disorder in Inclusive Elementary Schools in Samarinda City: An Analysis of Planning, Implementation and Assessment</p> <p><i>Sa'da Qamariah, M.Pd</i> <i>Adjunct Lecturer at the Faculty of Tarbiyah and Teacher Training, Sultan Aji Muhammad Idris State Islamic University, Samarinda</i></p> |
| 10:30 AM – 11:30 AM | <p>Forum: Autism Policy, Right & Education in Indonesia</p> <p><i>Panel 1: Qurniadi, M.Pd - Secretary of the Batam City Education Department</i> <i>Panel 2: Drs. Zul Arif, M.H., C.Med - Head of Social Rehabilitation Division, Social Services Department of Batam City</i> <i>Panel 3: dr. Agnes Sintalia Saing, MKKK - Head of Public Health Division, Health Department of Batam City</i> <i>Panel 4: Sutarsih – Principal of RA/MI Darul Ilmi, Batam - Non-Governmental Organization</i></p> |
| 11:30 AM – 12.00 PM | <p>Closing Ceremony</p> <p><i>Dr. Ruwinah Abdul Karim</i> <i>Chairman Indonesia Autism Summit 2026</i></p> |

OPEN HALL PROGRAM

DAY 1

| TIME | TOPIC | SPEAKER |
|---------------------|--|--|
| 10:00 AM – 10:45 AM | Anxiety & Mental Health in Autistic Children | Nurul Ain Binti Zaini Psychology Bachelor of Psychology with Human Resource Development, University of Technology Malaysia (UTM) |
| 10:45 AM – 11:30 AM | Posture Matters: Helping Children to Sit Better in Class | Aizad Bin Rahim Physiotherapist Diploma in Physiotherapy, University Kuala Lumpur Royal College of Medicine Perak |
| 11:30 AM – 12:15 PM | Creating an Inclusive Classroom Environment | Farahani Binti Azmi Psychology Bachelor of Psychology with Human Resource Development, University of Technology Malaysia (UTM) |
| 12:15 PM – 1.30 PM | BREAK | |
| 1:30 PM – 2:30 PM | When to Seek Physiotherapy Support: Early Signs to Watch For | Siti Nabihah Binti Jamil Physiotherapist Diploma in Physiotherapy, KPJ Healthcare University, Malaysia |
| 2:30 PM – 3:30 PM | Family Support During Transition to Adulthood | Nor Syamimi Athirah Binti Mohd Fadzli Psychology Bachelor of Psychology, Widad University College, Malaysia |

DAY 2

| TIME | TOPIC | SPEAKER |
|---------------------|--|--|
| 9:00 AM – 10:00 AM | Building Communication Skills in Children who Struggles to Express Themselves | Nur Ashikin Binti Ramli Interventionist Bachelor of Arts (Anthropology and Sociology), University of Malaya, Malaysia |
| 10:00 AM – 11:00 AM | Reducing Risk of Injury During Play & Sports for Autism & ADHD | Najeha Nurhashimah Binti Mohamed Nasir Sports Medicine Therapist Bachelor of Sport Science, Universiti Teknologi Mara (UiTM), Malaysia |
| 11:00 AM – 12:00 PM | Simple Classroom Strategies to Improve Focus & Attention: Activities for ADHD & Dyslexia | NurulFatinSyahirah Binti Khairul Anuar Psychology Bachelor of Child and Family Psychology, Universiti Malaysia Sabah, Malaysia |
| 12:00 PM – 1.30 PM | BREAK | |
| 1:30 PM – 2:30 PM | Understanding Sensory Overload and Emotional Responses | Nilam Baiduri Binti Azman Psychology Bachelor of Psychology, Universiti Pendidikan Sultan Idris (UPSI), Malaysia |
| 2:30 PM – 3:30 PM | Sleep, Screen Time & Behaviour: What Psychology Says | Yogeetha Pillay A/P TS Letchumanan Roy Counsellor Bachelor of Guidance and Counselling, UNITAR International University, Malaysia |